



Don't forget to include 24/7 Care on your travel checklist this summer!

- ✓ Sunscreen
- ✓ Beach Towel
- ✓ Flip flops
- ✓ Sunglasses
- ✓ 24/7 Care

As a CAMC employee you have **free access** to 24/7 Care from anywhere in the U.S.! That means if you or anyone in your immediate family has a minor illness or injury while you're away from home, you can get the care you need quickly, easily, and at no cost simply by calling 24/7 Care.

24/7Care
camc.org/24-7Care



**Charleston Area
Medical Center**

PO Box 1547
Charleston, WV 25326

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24/7 Care not only saves you the time and expense of trying to find a doctor while you are out of town, it also reduces your exposure to others who may be sick in those public areas.

Stomach aches, pink eye, ear aches – they can happen anytime (even on vacation). Be prepared! If you haven't downloaded the **24/7 Care app** yet, sign up before you travel so you'll be ready to request a secure phone or video visit quickly and easily should you need it.

Visit camc.org/24-7Care for more information.

24/7Care

