

Zeposia Patient emails

From: 360Support@360support.bms.com
To: Name
Subject: [FIRST NAME], welcome to 360 Support from ZEPOSIA® (ozanimod)

[FULL PRESCRIBING INFORMATION](#) | [MEDICATION GUIDE](#)

 **360 SUPPORT™**

For adults with relapsing multiple sclerosis (MS)

WELCOME to 360 Support

Dear [NAME],

The ZEPOSIA 360 Support™ program is designed to help people who take ZEPOSIA find the answers and help they need. So, what can you expect first?

A call to get things started

You now have access to dedicated support from an MS Nurse Navigator. He or she will call you (if they haven't already) to help you take advantage of the program in a way that works best for you. The call will come from this number, so keep an eye out for it and consider saving it in your phone: **1-833-937-6742**.

 **Starting ZEPOSIA in 5 steps**

It's good to know what to expect when you're starting treatment.

[See what's next >](#)

 **Free educational materials**

MS Focus is one organization that offers booklets, brochures, and fact sheets with information that can help you live with multiple sclerosis (MS).

[Visit MS Focus >](#)

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From: 360Support@360support.bms.com
To: Name
Subject: What you should know when starting ZEPOSIA® (ozanimod)

[FULL PRESCRIBING INFORMATION](#) | [MEDICATION GUIDE](#) | [IMPORTANT SAFETY INFORMATION](#)

 **360 SUPPORT™**

For adults with relapsing multiple sclerosis (MS)

GETTING STARTED with treatment

Dear [NAME],

By now you should have received your ZEPOSIA Starter Kit, either from your MS healthcare team or by mail. If you haven't, don't worry—it should be arriving in the next few days. We just want to make sure you are aware of a few key things before you get started.

What's included in your Starter Kit?

- 1. A 7-day Starter Pack**, which increases your dosage gradually. Each capsule is labeled by day and color coded by dosage size.
Days 1-4: Capsule is gray (0.23 mg)
Days 5-7: Capsule is half-gray, half-orange in color (0.46)
- 2. A 30-day supply**, which you'll begin taking on day 8 (after completing the 7-day Starter Pack). These orange capsules are the regular daily dosage (0.92 mg) of ZEPOSIA.

 **Take it every day**

It's important to keep taking ZEPOSIA as your MS healthcare team prescribes. A few simple tips may help you remember.

[Tips to remember >](#)

 **Have questions?**

An MS Nurse Navigator is available to answer questions about your ZEPOSIA Starter Kit and more:
1-833-ZEPOSIA (833-937-6742), Monday to Friday, 8 AM - 8 PM ET.

From: 360Support@360support.bms.com
To: Name
Subject: 2 things you should know about ZEPOSIA® (ozanimod)

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 **360 SUPPORT™**

For adults with relapsing multiple sclerosis (MS)

What you can EXPECT from treatment

Dear [NAME],

It's important to know what you can expect when you start taking a medication for the first time. Let's take a look at how ZEPOSIA performed in clinical studies.

Fewer relapses & lesions

In clinical studies, ZEPOSIA was more effective at reducing relapses and lesions than a leading injectable medicine, Avonex.*

*In a one-year study: 48% fewer relapses and 48% fewer new or enlarging lesions (T2) with ZEPOSIA than Avonex (interferon beta-1a).

Select Important Safety Information

ZEPOSIA can cause serious side effects, including slow heart rate, infections, progressive multifocal leukoencephalopathy (PML), posterior reversible encephalopathy syndrome (PRES), macular edema, and allergic reactions.

[See study results >](#)

ZEPOSIA is a disease-modifying therapy (or DMT)

A DMT is a type of medication that is used to:

- Reduce relapses and lesions
- Impact the progression of MS

DMTs are not meant to make day-to-day symptoms go away. If you have questions about how DMTs work, be sure to talk to your MS healthcare team.

[Learn more about DMTs >](#)

 **Helpful programs for health and wellness**

Can Do MS is one organization that offers free online and in-person programs designed to help people living with MS focus on health and wellness.

[Visit Can Do MS >](#)

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Zeposia

Tip sheet and Welcome letter

Cover



once-daily ZEPOSIA® (ozanimod) 0.92 mg capsules

STAYING ON TRACK matters, and these tips can help

ZEPOSIA® (ozanimod) is a once-daily pill, and it's important not to miss a dose. So, we want to help make sure you don't. If you miss 14 doses in a row, talk to your MS healthcare team before resuming treatment with ZEPOSIA. Your dosage will need to be gradually increased again to help avoid a decrease in heart rate, which is a possible serious side effect of ZEPOSIA.

Five tips to help you remember

- Pair your medication with a daily task.** When you eat breakfast or brush your teeth, you can take ZEPOSIA, too.
- Keep it in a safe place, where you can see it.** A kitchen counter or dresser are good options, but make sure it's out of the reach of children.
- Track when you take it.** Log it in your phone or calendar to help create a habit.
- Ask for help.** A friend or a loved one you see every day can help remind you.
- Use the ZEPOSIA pill case.** It helps keep your medications in one place with a label for each day, and you can take it with you on the go (it's free as part of the ZEPOSIA 360 Support™ program).

Become part of the ZEPOSIA 360 Support™ program
As a part of the program, you'll receive support from a dedicated MS Nurse Navigator, more helpful tips and reminders, a free ZEPOSIA pill case, and much more.
Call 1-833-ZEPOSIA (833-937-6742) Monday to Friday, 8 AM - 8 PM ET to enroll.

SAFETY INFORMATION (cont'd)

ZEPOSIA if you:

- Have a history or presence of certain types of irregular or abnormal heartbeat (also known as arrhythmia) that is not corrected by a pacemaker
- Have severe breathing problems during your sleep (also known as sleep apnea)
- Are allergic to ozanimod or any of the ingredients in ZEPOSIA

ZEPOSIA may cause serious side effects, including:

- Slow heart rate (also known as bradycardia) when you start taking ZEPOSIA.** ZEPOSIA can cause your heart rate to temporarily slow down, especially after you take your initial dose. Slow heart rate may occur if you restart ZEPOSIA after missing more than 14 consecutive days of treatment. Prior to restarting ZEPOSIA, please consult with your physician as you will need a new 7-day starter pack to minimize the risk of heart rate reductions
Call your healthcare provider if you experience the following symptoms of slow heart rate such as:
 - Dizziness
 - Feeling like your heart is beating
 - Confusion
 - Chest pain
 - Lightheadedness
 - slowly or skipping beats
 - Shortness of breath
- Infections.** ZEPOSIA can increase the risk of infections. You should not receive live vaccines during treatment with ZEPOSIA and for 3 months after you stop taking ZEPOSIA. Vaccines may not work as well when given during treatment with ZEPOSIA. ZEPOSIA lowers the number of lymphocytes (a type of white blood cell) and this may lower the ability of your immune system to fight infections. This will usually go back to normal within 3 months of stopping treatment. Your health care provider should review a recent blood test of your white blood cells before you start taking ZEPOSIA.
Call your health care provider right away if you have any of these symptoms of an infection during treatment with ZEPOSIA and for 3 months after your last dose of ZEPOSIA:
 - Fever
 - Flu-like symptoms
 - Urinary discomfort
 - Feeling very tired
 - Cough
 - Rash
- Progressive multifocal leukoencephalopathy (PML).** Although no cases have been seen in patients in clinical trials with ZEPOSIA, PML may occur. PML is a rare brain infection that may lead to death or severe disability. If PML happens, it usually happens in people with weakened immune systems but has happened in people who do not have weakened immune systems. Call your healthcare provider right away if you experience any new or worsening symptoms of PML such as:
 - Weakness on one side of body
 - Changes in thinking or memory
 - Confusion
 - Changes in vision
 - Personality changes

ZEPOSIA. (ozanimod) 0.92 mg capsules | 360 SUPPORT™

Your ZEPOSIA STARTER KIT is here. Let's get started.

Now that you've been given the go-ahead to start treatment with ZEPOSIA® (ozanimod), you'll find your ZEPOSIA Starter Kit enclosed. It includes the medication you'll need for your first week—and the 30 days that follow.

The ZEPOSIA Starter Kit—what's included?

- A 7-day Starter Pack** for your first week of treatment. The pills in this pack increase the dosage of ZEPOSIA gradually. Each pill is labeled with the day and dosage. **Make sure to follow the instructions written on the pack** and take the pills in the correct order
- A 30-day supply of ZEPOSIA** that you'll begin taking on day 8 (after completing the 7-day Starter Pack)

Your next supply of ZEPOSIA will come from a specialty pharmacy

- A specialty pharmacy will call you** to arrange for ZEPOSIA to be delivered right to you each month. This call may come from a phone number you're not familiar with, so be on the lookout for it
- If your supply of ZEPOSIA is running low** and you haven't heard from your specialty pharmacy, call your dedicated Nurse Navigator at the number below. He or she can work directly with your specialty pharmacy, or arrange for another temporary supply of ZEPOSIA to be sent to you. **Keep in mind that it may take up to 7 days for an additional supply of ZEPOSIA to arrive**

Remember to take ZEPOSIA as prescribed by your healthcare professional
Do not skip a dose of ZEPOSIA. If you do miss a dose, take your scheduled dose the next day. Do not stop taking ZEPOSIA without talking to your healthcare team.

A dedicated Nurse Navigator is available to help
Nurse Navigators can offer tips for remembering to take ZEPOSIA—and help you take advantage of the services ZEPOSIA 360 Support™ offers. Also, keep in mind that your specialty pharmacy may be able to offer refill reminders, so be sure to ask.
Call 1-833-ZEPOSIA (833-937-6742) Monday to Friday, 8 AM - 8 PM ET.

Please don't hesitate to let us know how we can be of help.
—Your ZEPOSIA 360 Support team

Learn more at ZEPOSIA.com  Like ZEPOSIA on Facebook

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MS Walks booth design

